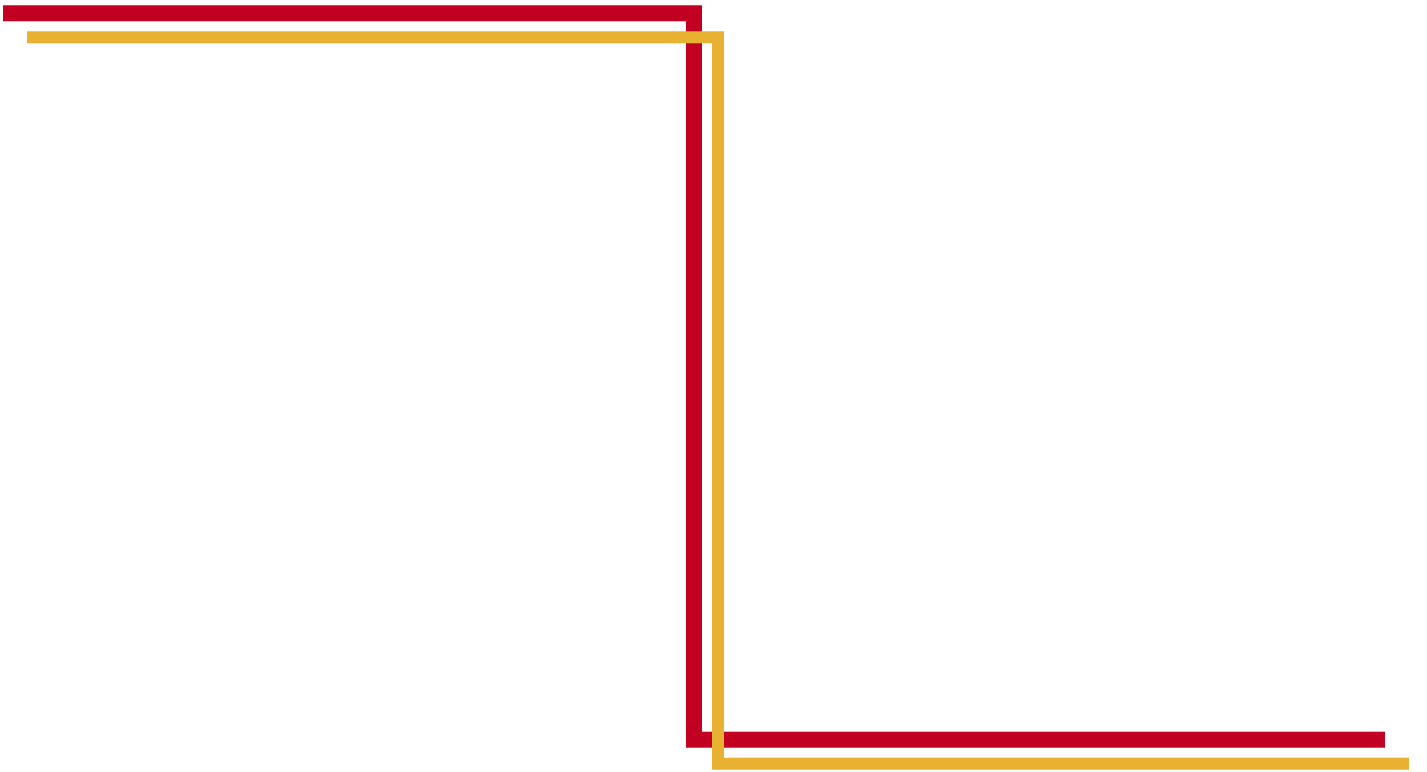


CHALK HILL ACADEMY



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**CHALK
HILL**



Contents

Content	Page
Welcome	4
The Team	5
Expectations	6
Your Time	7
Rewards	8
Residential	9
My First Day	10
Meals	11
Boarding	12
Bedtime	13
Activities	14
Health & Safety	15
If you are worried	16
Home Contact	17
Regulation	18

Welcome

At Chalk Hill we have a residential department where we have lots of fun! You can choose a bedroom that's available and sleep up to four nights a week, Monday to Thursday.

You will get to do so many activities, such as swimming, football, arts and crafts, scooters, trips to the seaside, country parks, ten pin bowling, farms, ice skating, clip n climb etc...

You will make lots of new friends which will really help you in school!

On your first day, one of our boys will help you to settle in and show you around, show you the bedrooms and introduce you to everyone.

We will do all we can to make you feel comfortable, help you to unpack and settle in.

We want you to be happy!

Care Teaching Support Nurture



The Team

“Everyone is happy to help”

Expectations

Chalk Hill Rules and Expectations

1. Treat others as you would like to be treated
2. Follow instructions from all staff
3. Allow others to learn without interruption
4. Keep hands, feet and objects to yourself
5. Speak kindly, without swearing, shouting, name-calling or answering back
6. Be respectful to the School and things in it
7. Behave safely in the car at all times

"At Chalk Hill we are kind"



How Long?

The length of time boys spend at Chalk Hill depends on their needs and circumstances. Many spend two to three terms with us, with the aim of making a successful and supported return to mainstream school.

However, boys often spend longer at Chalk Hill, preparing to move on to the education provider that is right for them.

Boarding places will be offered to all children that need it and really want it. We make it as much fun as possible every night you are here.



Rewards



Info

Incentives... These are positive things for you to achieve on a daily basis.

You and your keyworker will talk about what you AND we think your targets should be and they will change over time – and you will have a reward when you achieve them!

Days out are fun and our own football team!



Residential



Residential Team

Helping you!

There are always residential staff about to make you feel at home! You get to do so many activities. Also, tell us which activities you would like to do. There is so much fun to have, but don't take our word for it, ask the boys!

We take you out on activities and spend time with you.

We have two lounges, computers and a games room which you can do with friends, staff or on your own if you need some quiet time. We're here to help you!

Keyworkers are your own trusted adult who will make sure you have everything you need, set your reward targets and they will also help you to keep in touch with your family.

My First Day

What will happen on my First Day?



We will **introduce** you to the other boys who stay here. You may have already met some of them when you come to visit!

We will have asked someone to **“buddy”** you, so that you are shown where everything is and have a friend to help you.

We will do all we can to make you feel **comfort-ab**. Helping you unpack and decorate your bedroom.

We might even have an activity booked. If it's a lovely day who knows we might go to the beach or go swimming!

“ We know you might worry but you will soon get to know everyone”

Meal times



Meal Times!

We will wake you up in plenty of time for breakfast before school!
You will eat lunch with the day boys too and staff.

We eat dinner together in the evenings and would love you to help
out with the cooking or cook a meal for everyone! How about on
the BBQ in the summer!

You can also do lots of baking! Do you like cookies and cupcakes?



What's the Boarding part of the School like?

Fun!

The residential boys say the staff are cool and always have fun and make the evenings enjoyable. Always getting involved in football, swimming, clip and climb, roller skating and gaming. . There not the only activities ... we do loads!

TELL US WHAT YOU WOULD LIKE TO DO!!!

Chalk Hill is quite big, we have a large kitchen with two ovens and dining room, two lounge with Tv, Xbox and fuss ball. A computer room, medical room, 12 bedrooms and a large garden. With a nature trail and football pitch with goals.

We really want you to be happy while you're staying with us and feel at home here so you will be able to have posters, pictures and decorations on the walls.

It is your own personal space and we will knock on the door before we come in. You will be given a save place to put your phones and valuables. Don't worry you will still get to call your family and have your phone returned when you go back home.

Boarding



“We get the chance to do many activities”

Time to rest

Under 12's Bedtime Routines

From **6:30 p.m. (18:30 hours)** you will have your shower or bath, decide what film you want and make any phone calls you need to make.

From **8:00 p.m. (20:00 hours)**. We will start supper when you are finished in the bathroom.

You need to be in your own room, on your own. Staff will start to “settle you” – read a story, have a chat, play cards – for 10 minutes **IF** they can. There will be no phone calls after this time. TV’s will come out of your room. Settling has finished. Lights out. Stay in rooms and try and go to sleep.

Over 12's Bedtime Routines

From **7:30 p.m. (19:30 hours)** you should be thinking about your shower, thinking about what film you want and any phone calls you need to make.

From **8:00 p.m. (20:00 hours)** you should be having your bath or shower. We will start supper when you are finished in the bathroom.

You need to be in your own room, on your own by **9:00 p.m. (21:00 hours)**. Staff will start to “settle you” – read a story, have a chat, play cards – for 10 minutes **IF** they can. There will be no phone calls after this time. Tv’s out of your rooms **at 9:15 p.m. (21:15 hours)**. Settling time also finishes. **9:30 p.m. (21:30 hours)** - Lights out, stay in rooms and try and go to sleep.

Bedtime



Fancy a game?!

We have a fussball table, basketball net, bikes, keyboard, wildlife garden, dell, assault course, football pitch as well as computers, games consoles, lots of craft, baking activities and loads of books and movies to enjoy.

We organise lots of activities including Swimming, Camping, Skating, Cycling, crabbing, den building, fishing, cinema, bowling, park trips, dodgeball club, games such as spotlight, and also have day trips to local parks and attractions.

If you have a hobby we can look at local clubs for you.

Everyone loves a party and we're the same! As well as your birthday we also celebrate Christmas, Easter, Halloween, Pancake Day, Bonfire Night and we want you to let us know if there is a day important to you.

We also love to get the BBQ out in the summer and enjoy the sunshine.

Activities



Your wellbeing

Be Safe

We have regular fire drills at Chalk Hill to make sure that you know what to do if you hear the alarm. This will be explained to you and everyone goes to the front of the School when it happens.

Other children are not allowed in each other's bedrooms after settling time at night and if you are in someone else's room in the day or have children in your room then please keep the door open so that the staff can check you're all ok.

Sometimes children might be upset or angry. Staff will always help you if this happens and make sure that no one is hurt. Sometimes if a child is very upset or angry staff may have to hold them and while this can be upsetting the staff are taught how to do this in a safe way.

You'll always be able to talk to someone if you're upset and after you've calmed down.

Healthy approach

We want you to be fit and healthy whilst you living here and will arrange for you to take part in different activities and sports which you like to help you with this.

The School is non-smoking and we can help anyone who smokes to try and give up. Also NO drugs or alcohol are allowed in the School and will be taken from anyone who has them.

Information about giving up smoking or the risks associated with drug and alcohol abuse is in the home for everyone to read.



Worried

What do I do if I'm worried, upset or not happy about something?



Worried?

It's really important that you talk to us if you're not happy or upset or worried about anything at all, we understand that this may be difficult when you don't know us very well but we only want to help!

There are also people from outside the home that you can talk to, such as the Independent Visitor and you can leave a note for them if you like in the post box in the computer room.

What happens if I do something wrong?

Listen & Learn

We will **always** work with you to try and put things right if something goes wrong! If you do something illegal or harmful to other children or carers then you may be excluded.

We are always here to talk , you can trust us

"I do feel I can talk to someone when I need to"

What about seeing my family?

Keep in touch

We will always help you to stay in touch with the people important to you.

We have a phone you can use to call family when you want to (but not after 9.00pm (21:00 hours)).

Your family are welcome to come and visit you here if they arrange it in advance.

My Family



[dreamstime.com](https://www.dreamstime.com)

ID 61480910 © Sergey Shambulin

Regulation

Other People who make sure we are looking after you!

OFSTED is a government organisation that inspects all children's homes to make sure they are run well and that we follow your placement plan and look after you properly and safely.



An Inspector visits us once a year. Sometimes before they come, they will send you a questionnaire to fill in and during the visits the Inspector will want to speak to you and may ask questions about how you find at staying at Chalk Hill.

OFSTED's phone number is 08456 404040.

Standard 3 Visitor or Independent Visitor - They visit the School every half term and produces an independent report, which goes into great detail about your care, and the way the school operates.

The independent Visitor is interested in hearing what you think about the home, and is always willing to chat with you. You can see her when she visits or leave a note for her in the post box in the computer room if you would like her to know something.

If you would like to phone Childline, Ofsted or make a call that you don't want the staff to know about, please ask to make a private phone call and they should give you the phone without asking you.

Child line's number is: 0800 11 11

childline

ONLINE,
ON THE PHONE,
ANYTIME

childline.org.uk
0800 1111



**TRAUMATM
INFORMED UK
SCHOOLS**

TISUK Award winning school